

## Cheer Bag Items

Needed for **EVERY** game and function.

Please have a duffle bag packed with the following items for every game or function. This way you will always be prepared for all kinds of weather:

- ❖ Turtleneck (Bring to every game ~ even if it is warm)
- ❖ Cheerleading jacket or black jacket
- ❖ Black wind pants
- ❖ Clear Rain Coat or poncho
- ❖ T-shirt to wear over shell when practicing before the game
- ❖ Hand towel
- ❖ Black knit gloves
- ❖ Water bottle (with name on it)
- ❖ Personal toiletry items if needed-hairbrush, hair spray, deodorant, etc)
- ❖ Phone numbers and locations of where parents can be reached if not at the game.
- ❖ Extra shoes if muddy or rainy (if in question, wear old shoes and pack your cheer shoes)
- ❖ Garbage bag/plastic bag to store wet/muddy things.

### Optional items:

- ❖ Black ear band
- ❖ Personal medical items if needed (EpiPen, Inhaler, etc.)

**PLEASE** make sure your uniform and shoes are **always** clean!!!