

# 2021 Vineland Blitz Preparation

<https://www.vinelandblitzfootball.net/covid-19-response-plan/>



**COVID-19  
RESPONSE**



# Health and Safety are #1

At Vineland Blitz Football and Cheerleading, your child's health, safety, and well-being are our number one priority. We have prepared a plan for our coaches and volunteers to follow to ensure that we can begin our season safely. Please remind your child of these practices so we can have a safe and healthy season.

# Precautions

- All coaching staff will be required to wear cloth face coverings during high-risk periods as per local board of health recommendations.
- Coaches, Athletes, and Volunteers will be screened via a health check during the 12 hours prior to each practice or game. Anyone failing the health check shall not be permitted to participate. If any individual develops symptoms of COVID-19 during the activity, they should promptly inform organizers and must be removed from the activity and return home.
- Close contact activities such as spitting, handshakes, and high fives will be discouraged.
- Athletes and coaches will be reminded to adhere to social distancing while not actively involved in practice activities (i.e., on the bench, sidelines, post event huddle)
- Mixing of groups will be disallowed and each grouping will remain with the same coaching staff and athletes as per the guidelines during pre-season.
- Hand sanitizer will be provided for athletes, coaches, and available at the concession stand.

# Precautions

- During **high-risk** periods, all athletes, coaches, and volunteers should bring their own water and drinks to activities. Team water coolers for sharing through disposable cups are not permitted. Coaches will do squirt bottles for all players.
- During **moderate-risk** periods, all athletes, coaches, and volunteers should bring their own water and drinks to activities. Team water coolers for sharing through disposable cups are permitted. Coaches will do squirt bottles for all plays.
- Coaches have to do the squirt bottles at all times. Kids do **not** touch the squirt bottles.
- Athletes are encouraged to bring their own drinks.
- Shared equipment (i.e. balls, pom poms) will be sanitized frequently, and sanitizing wipes and spray will be available to do so.
- During **high-risk** periods, visitors and spectators must wear face coverings at all times, unless doing so would inhibit the individual's health or the individual is under the age of two.
- Spectators should bring their own chairs and adhere to social distancing of six feet apart from others not included in your party when placing their chair in the sideline viewing area.
- Athletes are encouraged to wear cloth or disposable face coverings when not engaging in vigorous activity, such as sitting on the bench, interacting with coaches, etc. Face coverings should NOT be worn by staff or athletes when engaging in high intensity aerobic or anaerobic workouts.
- Stunt groups for cheerleading will remain the same throughout the season.

# References

- [Vineland Blitz Liability Waiver](#)
- [CDC Website - http://cdc.gov](http://cdc.gov)
- <https://www.vinelandblitzfootball.net/covid-19-response-plan/>